

Procedure Manual for IEMT and MVF Training

1. Introduction

- Purpose of the Manual
- Overview of IEMT and MVF
- Definitions of Clinical and Non-Clinical Participants

2. IEMT for Trauma

==== Module 1: Introduction to Eye Movements ====

- * Eye Movement Fundamentals
- * Practical Exercise: Directing Eye Movements
- * Group Discussion and Feedback

==== Module 2: IEMT Kinaesthetic Pattern ====

- * Understanding Kinaesthetic Pattern Questions
- * Scripted Exercises and Feedback
- * Techniques for Professional Delivery

==== Module 3: Addressing PTSD ====

- * The Structure of PTSD and Identification Techniques
- * Exercise: Reducing 'The Lynchpin'
- * Discussion on PTSD and cPTSD

==== Module 4: IEMT Application for Pain ====

- * Different Pain Pathways
- * Application of IEMT Techniques to Pain Management

3. Application of Mirror Visual Feedback (MVF)

==== Part 1: Pre-Assessment ====

- * Comprehensive Assessment Protocols

==== Part 2: Assessing the Phantom ====

- * Techniques for Effective Assessment
- * Distinguishing Between Pain Sources

==== Part 3: Stages of the Treatment Session ====

- * Detailed Steps from Patient Expectation to Emotional Reunion

==== Part 4: Managing Complex Issues ====

- * Addressing the Pain-Depression-Dysmorphic Distress Complex

4. Appendices

==== A: Recommended Resources ====

* Books and Articles for Further Reading

==== B: Glossary of Terms ====

* Definitions of Key Terms Used in the Manual

5. Quality Assurance

- Standards for Training Delivery
- Feedback and Continuous Improvement Processes

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