

# Procedure Manual for IEMT and MVF Training

## 1. Introduction

- Purpose of the Manual
- Overview of IEMT and MVF
- Definitions of Clinical and Non-Clinical Participants

## 2. IEMT for Trauma

==== Module 1: Introduction to Eye Movements ====

- \* Eye Movement Fundamentals
- \* Practical Exercise: Directing Eye Movements

==== Module 2: IEMT Kinaesthetic Pattern ====

- \* Understanding Kinaesthetic Pattern Questions
- \* Techniques for Professional Delivery

==== Module 3: Addressing PTSD ====

- \* The Structure of PTSD and Lynchpin
- \* Reducing 'The Lynchpin'

==== Module 4: IEMT Application for Pain ====

- \* Different Pain Pathways
- \* Application of IEMT Techniques to Pain Management

## 3. Application of Mirror Visual Feedback (MVF)

==== Part 1: Pre-Assessment ====

- \* Comprehensive Assessment Protocols

==== Part 2: Assessing the Phantom ====

- \* Techniques for Effective Assessment
- \* Distinguishing Between Pain Sources

==== Part 3: Stages of the Treatment Session ====

- \* Detailed Steps from Patient Expectation through to Reunion with Limb Image

==== Part 4: Managing Complex Issues ====

- \* Addressing the Pain-Depression-Dysmorphic Distress Complex

## 4. Appendices

==== A: Recommended Resources ====

- \* Books and Articles for Further Reading

==== B: Glossary of Terms ====

- \* Definitions of Key Terms Used in the Manual

## 5. Quality Assurance

- Standards for Training Delivery
- Feedback and Continuous Improvement Processes

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